HIV Prevention in Pregnancy
Cumulative incidence:
3.8 per 100 person-years
(95%CI: 3.3–6.1)

In comparison:
“Key populations” incidence of
2.7–6.1 per 100 person-years
Acute HIV infection associated with greater MTCT risk

Pregnant women seeking antenatal care (>95% learn or know their HIV status)

Partner HIV testing

- A
- B (+, -)
- C (-, +)
- D (+, +)

No partner HIV testing

- E (+, ?)
- F (-, ?)

HIV status for partner dyads
Pregnant women seeking antenatal care (>95% learn or know their HIV status)

- Partner HIV testing
  - A: Counseling & education, repeat HIV testing
  - B: Woman starts/continues ART
  - C: Man starts/continues ART, possible PrEP for woman
  - D: Both partners start/continue ART
- No partner HIV testing
  - E: Woman starts/continues ART
  - F: Possible PrEP for woman

HIV status for partner dyads
1. Increase partner HIV testing to assess risk
2. Support for HIV initiation and treatment
3. Prevention strategies for HIV-uninfected women at risk

Pregnant women seeking antenatal care (>95% learn or know their HIV status)

Partner HIV testing

A: Counseling & education, repeat HIV testing
   2: HIV-infected individuals on ART
      ↑ on ART with viral suppression
      ↓ new adult and infant HIV infections

B: Woman starts/continues ART
   2: HIV-infected individuals on ART

C: Man starts/continues ART, possible PrEP for woman
   3: Prevention strategies for HIV-uninfected women at risk

D: Both partners start/continue ART

E: Woman starts/continues ART
   2: Possible PrEP for woman

F: HIV status for partner dyads

Possible interventions

Desired program outcomes

↑ HIV-infected individuals on ART
   ↑ on ART with viral suppression
   ↓ new adult and infant HIV infections
1. Increase partner HIV testing to assess risk
2. Support for HIV initiation and treatment
3. Prevention strategies for HIV-uninfected women at risk

Pregnant women seeking antenatal care (>95% learn or know their HIV status)

Partner HIV testing

1. Increase partner HIV testing to assess risk
2. Support for HIV initiation and treatment
3. Prevention strategies for HIV-uninfected women at risk

No partner HIV testing

A. Counseling & education, repeat HIV testing
B. Woman starts/continues ART
C. Man starts/continues ART, possible PrEP for woman
D. Both partners start/continue ART

E. Woman starts/continues ART
F. Possible PrEP for woman

HIV status for partner dyads
Possible interventions
Desired program outcomes
PrEP WHO Guidelines

Antiretroviral drugs for HIV prevention

The updated guidelines include a new recommendation on the use of oral pre-exposure prophylaxis (PrEP) to prevent the acquisition of HIV. WHO has expanded its earlier recommendations to offer PrEP to selected key populations. PrEP is now recommended for all populations at substantial risk of acquiring HIV, provisionally defined as an incidence of HIV greater than three per 100 person-years in the absence of PrEP.

### 3. CLINICAL GUIDELINES: ANTIRETROVIRAL DRUGS FOR HIV PREVENTION

| 3.1 Oral pre-exposure prophylaxis for preventing the acquisition of HIV | Oral pre-exposure prophylaxis (PrEP) containing TDF should be offered as an additional prevention choice for people at substantial risk² of HIV infection as part of combination HIV prevention approaches (strong recommendation, high quality evidence). |

### Key populations:
- Sero-discordant couples
- Commercial sex workers
- Men who have sex with men
- Intravenous drug users
Cost-effectiveness of PrEP in pregnancy and breastfeeding

- Conditional probability model
- Women in sub-Saharan Africa
  - Limited time window: first ANC visit to BF cessation
- Lifetime time horizon
- Health system perspective
- Model parameters
  - Medical literature
  - Program estimates from Zambia and Malawi
- Costs: PrEP program, HIV, preterm birth
  - 3% annual discount rate
  - Inflated to 2015 U.S. dollars

Price, JAIDS, in press
# Key model parameters

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV incidence in pregnancy, per 100py</td>
<td>4.7</td>
</tr>
<tr>
<td>HIV incidence in PP/BF, per 100py</td>
<td>2.9</td>
</tr>
<tr>
<td>MTCT risk if incident HIV, %</td>
<td>22.7</td>
</tr>
<tr>
<td>PTB risk on PrEP, %</td>
<td>20</td>
</tr>
<tr>
<td>PrEP effectiveness (RR HIV)</td>
<td>0.55</td>
</tr>
<tr>
<td>Cost PrEP, annual</td>
<td>$75</td>
</tr>
<tr>
<td>Cost PrEP program, annual</td>
<td>$240</td>
</tr>
<tr>
<td>Cost HIV care (incl ART), annual</td>
<td>$610</td>
</tr>
</tbody>
</table>

Price, *JAIDS*, in press
## Base scenario

<table>
<thead>
<tr>
<th></th>
<th>Cost (per person)</th>
<th>Incremental Cost ($)</th>
<th>DALY (per person)</th>
<th>Incremental Effectiveness (DALY)</th>
<th>ICER ($/DALY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PrEP</td>
<td>$453</td>
<td>+$330</td>
<td>3.16</td>
<td>–</td>
<td>$980</td>
</tr>
<tr>
<td>No PrEP</td>
<td>$123</td>
<td>–</td>
<td>3.49</td>
<td>+0.34</td>
<td>–</td>
</tr>
</tbody>
</table>

< $6462 / DALY = cost-effective  
< $2154 / DALY = very cost-effective

In one-way sensitivity analyses, PrEP was no longer cost effective when:

- PrEP effectiveness was 22% or lower
- Risk for preterm birth was 30% or greater

Price, *JAIDS*, in press
IMPAACT 2009

Pharmacokinetics, Feasibility, Acceptability, and Safety of Oral Pre-Exposure Prophylaxis for Primary HIV Prevention during Pregnancy and Breast Feeding in Adolescents and Young Women
Participating sites

- **Uganda**
  - Baylor CRS
  - Makerere Uni-JHU CRS
- **Malawi**: Blantyre CRS
- **Zimbabwe**
  - Harare Family Care CRS
  - St. Mary’s CRS
  - Seke North CRS
- **South Africa**: Shandukani CRS
PK component
PK Component (1)

- Approved by SLG in Feb 2016
- Designed to establish drug thresholds for optimal adherence to PrEP during pregnancy
  - Refines adherence outcome measure
  - Informs drug level-based counseling
- 15-20 participants in each of two groups:
  - Antepartum: 14-24 weeks gestation
  - Postpartum: 6-10 weeks postpartum
- Pregnant women $\geq$ 16 yrs eligible
- All participants agree to take daily TDF-FTC
PK Component (2)

- 12 weeks of PK monitoring, with weekly DBS specimens for drug levels
  - Followed by an observational period to 6 weeks postpartum
- Specimens to be shipped to U.S. for testing
- Intensive monitoring of drug adherence
PrEP Comparison Component
Primary Objectives

• To characterize PrEP adherence among HIV-uninfected women aged 16-24 years who initiate once-daily TDF-FTC in pregnancy

• To compare maternal and infant adverse events (including pregnancy outcomes) between women who initiate PrEP and those who decline PrEP
Secondary Objectives

- To identify individual, social, and structural barriers and facilitators to PrEP uptake during pregnancy
- To compare between the PrEP and non-PrEP cohorts:
  - Reported sexual risk behavior and incidence of STIs
  - HIV incidence
  - HIV drug resistance among HIV-infected mothers and infants
PrEP Comparison Component: Parallel Observational Study of Mother-Infant Pairs Enrolled (n=300 evaluable)

New cohort of candidates between ages 16-24 years of age, HIV-uninfected, and <32 weeks gestation approached and offered two cohort options:

**Cohort 1:** Daily oral FTC/TDF as PrEP

**Cohort 2:** No PrEP

**Cohort 1:**
- Initiate PrEP n=200
  - Antepartum visits
    - Week 4, 8, & 12
    - Q 12 weeks afterwards
  - Labor and Delivery
    - Week 0 (resets after delivery)
  - Postpartum visits
    - Weeks 14 & 26

**Cohort 2:**
- Decline PrEP n=100
  - Antepartum visits
    - Week 4, 8, & 12
    - Q 12 weeks afterwards
  - Labor and Delivery
    - Week 0 (resets after delivery)
  - Postpartum visits
    - Weeks 14 & 26

**Intervention:**
- Risk reduction counseling
- STI management
- SMS support for ANC
- Daily FTC/TDF (PrEP only)
- TFV-DP level-directed counseling (PrEP only)
- SMS messaging for adherence (PrEP only)

**Ongoing evaluations:**
- TFV-DP drug levels (PrEP only)
- Other adherence assessment (PrEP only)
- Adverse event monitoring, including renal function and bone
- Serial HIV testing
- Behavioral risk assessment

**PrEP intervention switch:**
- Cohort 1: If PrEP stopped, continue to follow; if PrEP resumed, HIV test required
- Cohort 2: PrEP initiation requires a Step Change: follow up thereafter as per Cohort 1
Study population (n=300)

- At least 16 years and less than 25 years
- Confirmed pregnancy at any gestational age
- HIV negative by HIV RNA screening
- No history of chronic disease
- For PrEP cohort:
  - Willingness to take PrEP through pregnancy to 26 weeks postpartum
  - Access to cell phone to receive SMS messages
Study endpoints

• **Adherence**
  – Tenofovir diphosphate (TFV-DP) levels measured through dried blood spots.

• **Safety (maternal and pregnancy)**
  – Adverse pregnancy outcomes will include:
    • Stillbirth
    • Low birthweight <2500g
    • Preterm delivery <37 weeks gestation
  – Maternal AE outcome will be a composite:
    • Grade 3 or higher signs and symptoms
    • Grade 2 or higher chemistry abnormalities
    • Grade 3 or higher pregnancy-related diagnosis
Study endpoints

• **Safety (infant)**
  – Infant safety outcome measures:
    • Infant death
    • Creatinine clearance measured by Schwartz equation
    • Anthropometric growth
    • Lumbar spine and Whole Body bone mineral content

• **HIV-related outcomes**
  – HIV drug resistance in women who become infected while on PrEP
  – HIV drug resistance in infants who become infected while their mothers are on PrEP
Qualitative Component

• Provides deeper insight into feasibility
• In-depth individual interviews - up to 60 women
• Purposive sampling based on PrEP initiation and adherence
• Stratified by pregnancy or postpartum periods
• Protocol-specific training will be provided
  – Standard interview guides
  – Mock interviews with protocol team review
• Sites for qualitative component not yet selected
End