IMPAACT 2011
Helpful Hints

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Helpful Hints: Visits

- Prepare paperwork, NW kits, blood draw kits ahead of time
  - We purchase gallon sized zip lock bags
  - We include the snack and book/toy

- Schedule families who may know each other at the same time
  - They liked having lunch together
  - This helped with retention to the large number of visits

- Morning visits
  - Timing of sending specimens to be processed worked better for our site
  - Children being are often in better spirits in the AM

- Devise a plan with pharmacy and the lab to maintain the blinding of the study
  - Staff may be normally involved in shipping specimens from the pharmacy to the lab – in this case they cannot be involved with this part; it may unblind the study

Source: IMPAACT Field Representative, Emily Barr, CPNP, 2016.
Helpful Hints: Lab

- Pre-printing
  - LDMS labels (day of visit)
  - Label printer (prior to day of visit)
  - Including the study day # on specimen label
- Bring extra VTM to the visit
  - Due to glass vials – lid may become loose when defrosting
- Label notes with the study week and study day
- Prepare an EMR (Epic) template for your notes
  - Our site has one that can be shared if you use EPIC

Source: IMPAACT Field Representative, Emily Barr, CPNP, 2016.
Helpful Hints: Participant

- Provide fruit snacks or animal crackers (based on age of child) right after the nasal wash
- Provide a prize like a small board book and a sticker
  - Families liked the books
- Older kids
  - Complete the visit fast
  - Hide the nasal wash supplies & prep until just prior to the nasal wash
  - These kids had a harder time with nasal wash, but recovered quickly
- Compensate at a higher rate for participants who came to clinic vs doing a home visit- (per your IRB standards)
  - Justified because it takes the families longer to come in and transportation costs
  - This was helpful as we had nearly all of our patients coming to clinic
    - which saves a lot of time and man power

Source: IMPAACT Field Representative, Emily Barr, CPNP, 2016.
Helpful Hints: Participant

- Provide transportation to the clinic for visits
- Provide routine well child visits with study visits (when appropriate)
- Obtain routine blood draws with study visit blood draws when possible
- We provided flu shots at the end of the time period when allowed and indicated at a regular study visit

Source: IMPAACT Field Representative, Emily Barr, CPNP, 2016.
Helpful Hints: CRF Completion

- Follow directions on the CRF for how to accurately reflect the visit date and week/day when you are doing an in clinic visit on a date when there should be a telephone visit.
- Use a flow sheet to keep track of signs and symptoms that can be carried over from visit to visit.
  - If this is not in an EMR then be sure to sign and date it at each visit.
- Don’t wait to reconcile signs and symptoms until several weeks into the study.
  - Daily or weekly review to be sure the S/S and dates match up and are resolved as needed.
  - This can be confusing when you see a well child on a Monday morning and they develop rhinorrhea on that Monday night.
  - The symptom needs to have a start date of that Monday even though they did not have the symptom at that Monday visit.

Source: IMPAACT Field Representative, Emily Barr, CPNP, 2016.